

Information Sheet

Title of group/course	Horizons
Which service is Responsible for the Groups?	STEPS
Description of Group (Support offered and/or specific target group)	The group is for mums who are working hard to move on from things like depression, anxiety, domestic violence, abuse and addiction problems. The group provides a safe environment to talk about what is important to them and listen to others experiences.
Duration of group	The group meets weekly Thursdays 10:00 - 11:00 a.m. at The Ferham Centre
Is there a Referral system and/ or Restrictions on work carried out? e.g. age group/geographical area	The group would require current referral to STEPS service. - Referral is via Single Point of Access (SPA) to STEPS speak to the SENCO in school or your G.P. about this.
Are Crèche facilities available?	
Who do I contact to find out more?	STEPS West Close Kimberworth Park Rotherham 01709 308880
Date compiled	November 2008