

## Information Sheet

<p><b>Agency/Sector</b></p>	<p><b>STEPS</b>  <b>Support Therapy Education and Prevention Services</b>  <b>Child and Adolescent Mental Health Services</b>  <b>(CAMHS)</b></p>
<p><b>Contact details</b></p>	<p>Family Resource Centre  17 West Close  Kimberworth Park  Rotherham  S65 3PL  Tel: R. 308880 <a href="http://www.steps.rainweb.org.uk">www.steps.rainweb.org.uk</a></p> <p>Steps telephone clinics for consultation and advice for professionals - ring anytime and a mental health worker will call back as soon as possible.</p>
<p><b>Outline of Service Provided</b></p>	<p>STEPS 3 Tier System  Tier 1 child/young person stay in care of worker already involved though STEPS could offer advice to worker. When problem more complex it is at the tier 3 level, it is appropriate for referral to a multi disciplinary team i.e. Chatham House.</p> <p>Jacqueline Lynch - team leader- Consultant  Clinical Psychologist  Natasha Chowdhary } Specialist Child Mental  Richard Crook                      Health Professionals  Sarah Allkins                      }</p> <p>Kevin Stevens - deputy team manager  Helen Freake, Clinical Psychologist - Maltby  BEST Team  Jayne Tresize - Specialist Child Mental Health  Professional - Maltby BEST Team</p> <p>Admin. Team:</p>

## Information Sheet

Yvette Cotton - Business Services Support  
Manager

Pam Broadhead

Janet Rebbeck

Mary Evans

Joanne Thoday

Ppackz(positive parents and confident kids)

Webster-Stratton training

Wendy Eyre - Teacher (seconded)

Gaynor Dacre - Family Support Worker

Lisa Peacock - Family Support Worker

Kelly Jeffries- Family Support Worker

Parent programme 12 weekly x 2.5hr sessions on building and strengthening relationship with child, value of play, effective praise, setting limits and boundaries and decreasing inappropriate behaviours  
Children's programme(dinosaur school) runs along side parents programme covers understanding feelings and communicating feelings effective problem solving strategies managing anger practising friendship and conversation skills and appropriate classroom behaviour

### **Behaviour Change Clinic**

Appointments for families whose children are referred to STEPS, in Rotherham Town Centre on Tuesday afternoons.

### **Stepping Together Group**

12 week group for mothers and children aged between 3 and 7 experiencing relationship difficulties.

### **Growing Together Group**

12 week group for parents experiencing difficulties with teenagers, including a CBT group for the teenagers if required.

## Information Sheet

	<p><b>Family Therapy</b> A chance for the whole family to iron out any issues.</p> <p><b>Multi agency training for professionals</b> On a variety of issues related to children's mental health.</p>
<b>Referral</b>	Referral by professionals. E.g. G.P.; Health Visitor; School Nurse; Teacher; Learning Mentor; Paediatrician; Family Support Worker.
<b>Restrictions on work carried out e.g. age group/funding/geographical area</b>	Webster Stratton available for children age 4-8yrs, will take parents of older and younger children. Must be available for 12wks and have tried other interventions prior to referral. Not severe disabilities or traumatic events e.g. sexual abuse or bereavement in last 6mths.
<b>Date compiled</b>	August 2007