

## Information Sheet

<b>Agency/Sector</b>	<b>STEPS</b> <b>Support Therapy Education and Prevention Services</b> <b>Child and Adolescent Mental Health Services</b> <b>(CAMHS)</b>
<b>Contact details</b>	Family Resource Centre 17 West Close Kimberworth Park Rotherham S61 3PL Tel: R. 308880 <a href="http://www.steps.rainweb.org.uk">www.steps.rainweb.org.uk</a>
<b>Outline of Service Provided</b>	Help for children/ young people showing early signs of mental health difficulties and their parents/ carers  Help and support for professionals to identify mental health problems in children and young people, offer interventions themselves and request specialist help when necessary.  <b>STAFF TEAM</b>  Kevin Stevens- Service Manager  Natasha Koraichi & Jayne Trezise- Specialist Child Mental Health Professionals  Dr. Catherine Wright- Clinical Psychologist  Kelly Jeffrey & Gaynor Dacre-CAMHS Parenting Practitioners  Admin. Team:  Lesley Holmes, Office Manager Janet Rebbeck, Mary Evans <b>SERVICES OFFERED:</b>

## Information Sheet

	<p><b>Behaviour Change Clinic</b>          Appointments for parents to discuss children's specific issues/ problems through a 1-1 appointment with a member of the team.</p> <p><b>Incredible Years Parent Group</b>          12 week group for parents of children aged between 3 and 8 experiencing behavioural issues with their children.</p> <p><b>Stepping Together Group</b>          12 week group for mothers and children aged between 3 and 10 experiencing relationship difficulties.</p> <p><b>Growing Together Group</b>          12 week group for parents experiencing difficulties with teenagers, including a Cognitive Behavioural Therapy group for the teenagers if required.</p> <p><b>Horizons Group</b>          A therapeutic support group for mothers experiencing difficulties with their own emotional health &amp; well-being</p> <p><b>Multi agency training for professionals</b>          On a variety of issues related to children's mental health.</p> <p><b>Professional consultation</b>          Advice, support and information for professionals in relation to children and young people's mental health- ring anytime and a member of the team will call back as soon as possible.</p>
<p><b>Referral</b></p>	<p>Referral from the <b>Single Point of Access Team</b> following initial assessment and from <b>Chatham House Child and Family Psychiatry</b>.</p>
<p><b>Restrictions on work carried out</b></p>	<p>Parents and families are asked to make their own way to and from appointments and groups and arrange</p>

## Information Sheet

<b>e.g. age group/funding/ geographical area</b>	child-care where necessary.
<b>Date compiled</b>	June 2009 - NOTE This information was correct at the time of completion although the service will be undergoing some changes in the near future.