

## Information Sheet

<b>Agency/Sector</b>	<b>STEPS</b> <b>Support Therapy Education and Prevention Services</b> <b>Child and Adolescent Mental Health Services</b> <b>(CAMHS)</b>
<b>Contact details</b>	Kimberworth Place Kimberworth Road Rotherham S61 1AG Tel: R. 308880
<b>Outline of Service Provided</b>	<p>Help for children/ young people showing early signs of mental health difficulties and their parents/ carers</p> <p>Help and support for professionals to identify mental health problems in children and young people, offer interventions themselves and request specialist help when necessary.</p> <p><b>STAFF TEAM</b></p> <p>Kevin Stevens- Service Manager</p> <p>Natasha Koraichi &amp; Jayne Trezise- Specialist Child Mental Health Professionals</p> <p>Dr. Catherine Wright- Clinical Psychologist</p> <p>Kelly Jeffrey &amp; Gaynor Dacre-CAMHS Parenting Practitioners</p> <p>Admin. Team:</p> <p>Lesley Holmes, Office Manager Janet Rebbeck, Mary Evans</p> <p><b>SERVICES OFFERED:</b></p> <p><b>Behaviour Change Clinic</b> Appointments for parents to discuss children's</p>

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	<p>specific issues/ problems through a 1-1 appointment with a member of the team.</p> <p><b>Incredible Years Parent Group</b> 12 week group for parents of children aged between 3 and 8 experiencing behavioural issues with their children.</p> <p><b>Stepping Together Group</b> 12 week group for mothers and children aged between 3 and 10 experiencing relationship difficulties.</p> <p><b>Growing Together Group</b> 12 week group for parents experiencing difficulties with teenagers, including a Cognitive Behavioural Therapy group for the teenagers if required.</p> <p><b>Horizons Group</b> A therapeutic support group for mothers experiencing difficulties with their own emotional health &amp; well-being</p> <p><b>Multi agency training for professionals</b> On a variety of issues related to children's mental health.</p> <p><b>Professional consultation</b> Advice, support and information for professionals in relation to children and young people's mental health- ring anytime and a member of the team will call back as soon as possible.</p>
<b>Referral</b>	Referral from the <b>Single Point of Access Team</b> following initial assessment and from <b>Chatham House Child and Family Psychiatry</b> .
<b>Restrictions on work carried out e.g. age group/funding/ geographical area</b>	Parents and families are asked to make their own way to and from appointments and groups and arrange child-care where necessary.
<b>Date compiled</b>	March 2011