



The Rotherham Parent Partnership Service

MENTAL HEALTH

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
-------------------	------------------	---------------------	--------------------

Each of our resource boxes contain information sheets, flyers etc. Copies of information sheets and flyers can be sent to you, please email or ring the service to say which ones you would like.

You would be very welcome to come into Norfolk House to go through any of the resource boxes. Please ring us on (01709) 823627 to make an appointment.

Promoting the Mental Health of Rotherham People -NHS Multi Agency Strategy for Rotherham 2001 - 2006

Rotherham Mind -flyer:

Positive Steps:

Shared Housing:

Drop in Centre

Facts Not Fairytales - Mental Health and Illness in Children and Young People
-The Mental Health Foundation- briefing paper

Rotherham Mind flyers - young peoples outreach project

Mission Statement

Self Injury

Bullying

Bereavement

Self Esteem

Eating Disorders

Rotherham Primary Care Trust - STEPS:

Primary Care Clinic Information for Parents and Carers

Information for young people

Help for children

Website information

Introduction to Children's Mental Health

Rotherham Parent Partnership Service

Norfolk House, Walker Place

Rotherham S65 1AS

Updated July 2009

Tel: 01709 823627

E-Mail: Parentpartnership@rotherham.gov.uk

www.rotherhamparentpartnership.com



The Rotherham Parent Partnership Service

Rotherham
Metropolitan
Borough Council
Where Everyone Matters

MENTAL HEALTH

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
--------------------------	-------------------------	----------------------------	---------------------------

Department of Child & Family Psychiatry - Chatham House flyer

Young Minds parents information service DfES now DCSF Dept for Children and Families - poster

Mental Health Article - Local Counsellors

MENCAP

Understanding Learning Disability - information pack

Education and employment services - booklet

Do you want to become a volunteer for Mencap Active? - Leaflet

Mental Health Care - Postcard

Mind - The Mental Health Charity - flyer

Youth Start - Young Peoples Services

Self Harm

Stress

Anxiety

Self Esteem

FOCUS on - Children and Young People with Learning Disabilities who have Mental Health Difficulties

OAASIS Information Sheets - Obsessive Compulsive Disorder
Attachment Disorder

On The Cutting Edge - newspaper article

Rotherham Parent Partnership Service
Norfolk House, Walker Place
Rotherham S65 1AS
Updated July 2009

Tel: 01709 823627
E-Mail: Parentpartnership@rotherham.gov.uk
www.rotherhamparentpartnership.com



The Rotherham Parent Partnership Service

Rotherham
Metropolitan
Borough Council
Where Everyone Matters

M E N T A L H E A L T H

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
------------------------------	-----------------------------	--------------------------------	-------------------------------

Reaching for the lost - newspaper article

I don't want to cut myself any more - newspaper article

Cannabis and your mental health - NHS publication

Fax from Monica McCaffrey Sibs

Sheffield Children's NHS Trust Children & Young People's Mental Health Directorate - leaflet

Referrals to CAHMS - Introducing a Single Point of Access (SPA) into Children & Young People's Mental Health Services (CAMHS)

Mencap's Wills and Trusts Service - information sheet

Eating Disorders and Eating Distress in People with a Learning Disability - information sheet



The Rotherham Parent Partnership Service

Rotherham Metropolitan Borough Council
Where Everyone Matters

M E N T A L H E A L T H

Resource Box List	Contacts - Local	Contacts - National	Contacts - General	Books
-------------------	------------------	---------------------	--------------------	-------

Worry Box - Managing anxiety in young children by Hannah Mortimer

Emotional Literacy and Mental Health in the Early Years by Hannah Mortimer



The Rotherham Parent Partnership Service

Rotherham Metropolitan Borough Council
Where Everyone Matters

MENTAL HEALTH

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
-------------------	-------------------------	---------------------	--------------------

Young Persons Mental Health

Rotherham MIND Amberley Court 101 Effingham Street Rotherham S65 1BL
Tel: 01709 367648
Fax: 01709 361081
E-mail: youngpersons@rotherhammind.co.uk

STEPS: West Close Family Resource Centre, 17 West Close, Kimberworth,
Rotherham S61 3PF
Tel: 01709 308880
www.steps.rainweb.org.uk

Dealing with Feeling Sibling Group
Monica McCaffrey
Sibs, Meadowfield, Oxenhope BD22 9JD
Tel: 01535 645453 info@sibs.org.uk
www.sibs.org.uk

Youth Start

Information, advice and counselling for young people
4 Eastwood Lane, Rotherham S65 1EG
Tel: 01709 820100
www.youthstart.org.uk

Rotherham Priority Services

Child and Family Psychiatric Department, Chatham House, Doncaster Gate,
Rotherham S65 1DJ
Tel: 01709 304808/9

Samaritans 01709 361717 or 08457 909090

Rotherham Parent Partnership Service
Norfolk House, Walker Place
Rotherham S65 1AS
Updated July 2009

Tel: 01709 823627
E-Mail: Parentpartnership@rotherham.gov.uk
www.rotherhamparentpartnership.com



The Rotherham Parent Partnership Service

Rotherham
Metropolitan
Borough Council
Where Everyone Matters

M E N T A L H E A L T H

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
----------------------	-----------------------------	------------------------	-----------------------

MENCAP

6 Nightingale Court, Nightingale Close, Rotherham S60 2AB
Tel No 01709 830956

Roundabout Rotherham Gateway Club - Social events for children and adults with Special Needs. For more information, ring 01709 545444

www.mencap.org.uk



The Rotherham Parent Partnership Service

Rotherham
Metropolitan
Borough Council
Where Everyone Matters

M E N T A L H E A L T H

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
-------------------	------------------	---------------------	--------------------

MIND INFORMATION SERVICE

15-19 Broadway, London E15 4BQ

Tel info line: 0845 766 0163

020 8519 2122

www.mind.org.uk

NARMI (National Alliance of the Relatives of the Mentally Ill)

Tydehams Oaks, Tydehams, Newbury, Berks RG14 6JT

Tel: 01635 551923

Young Minds

Parents Information Service: 0800 0182138

www.youngminds.org.uk

A free confidential service which provides information and advice for any adult with concerns about the mental health and emotional well-being of a child or young person.

Mental Health Foundation 9th Floor, Sea Containers House, 20 Upper Ground

London SE1 9QB

Tel: 020 7803 1101

Fax: 020 7803 1111

E-mail: mhf@mhf.org.uk

www.mentalhealth.org.uk

www.mentalhealth.com

National Phobics' Society Zion Community Resource Centre

339 Stretford Road, Hulme, Manchester M15 4ZY

Tel: 08444 775774 or 0161 2279898

E-mail: info@anxietyuk.org.uk

Rotherham Parent Partnership Service

Norfolk House, Walker Place

Rotherham S65 1AS

Updated July 2009

Tel: 01709 823627

E-Mail: Parentpartnership@rotherham.gov.uk

www.rotherhamparentpartnership.com



The Rotherham Parent Partnership Service

Rotherham Metropolitan Borough Council
Where Everyone Matters

MENTAL HEALTH

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
-------------------	------------------	---------------------	--------------------

Triumph over Phobia

To help sufferers of phobia or obsessive compulsive disorders (OCD) to become ex-sufferers

T.O.P. U.K.

PO Box 3760, Bath, BA2 3WY

Tel: 0845 600 9601

www.triumphoverphobia.org/

E-mail: info@topuk.org.uk

Self Harm

www.selfharm.org.uk

Provides information on activities and initiatives that relate to young people and self harm.

Childline 0800 1111

Samaritans Chris, P O Box 9090 Stirling FK8 2SA

08457 909090

www.samaritans.org.uk

BEAT Beating Eating Disorders

Information and help on all aspects of eating disorders, including Anorexia Nervosa, Bulimia Nervosa, binge eating disorder and related eating disorders

0845 634 1414

www.b-eat.co.uk

Rotherham Parent Partnership Service

Norfolk House, Walker Place

Rotherham S65 1AS

Updated July 2009

Tel: 01709 823627

E-Mail: Parentpartnership@rotherham.gov.uk

www.rotherhamparentpartnership.com



The Rotherham Parent Partnership Service

Rotherham
Metropolitan
Borough Council
Where Everyone Matters

M E N T A L H E A L T H

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
----------------------	---------------------	------------------------	-----------------------

OAASIS - (Office for Advice, Assistance, Support and Information on Special Needs) FREEPOST RLYY-TAUC-YRYS, 1 - 2 Brock House, Grigg Lane, Brockenhurst, Hampshire SO42 7RE
www.oaasis.co.uk

British Association for Counselling and Psychotherapy
15 St John's Business Park, Lutterworth Leicestershire LE17 4HB
Tel: 01455 883300
www.bacp.co.uk
E-mail: bacp@bacp.co.uk

Counselling Directory - a guide to counsellors and psychotherapists near you
www.counselling-directory.org.uk.