



The Rotherham Parent Partnership Service

Rotherham Metropolitan Borough Council
Where Everyone Matters

MENTAL HEALTH

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
--------------------------	-------------------------	----------------------------	---------------------------

Each of our resource boxes contain information sheets, flyers etc. Copies of information sheets and flyers can be sent to you, please email or ring the service to say which ones you would like.

You would be very welcome to come into Norfolk House to go through any of the resource boxes. Please ring us on (01709) 823627 to make an appointment.

Promoting the Mental Health of Rotherham People -NHS Multi Agency Strategy for Rotherham 2001 - 2006

Rotherham Mind -flyer:

Positive Steps:

Shared Housing:

Drop in Centre

Facts Not Fairytales - Mental Health and Illness in Children and Young People
-The Mental Health Foundation- briefing paper

Rotherham Mind flyers - young peoples outreach project

Mission Statement

Self Injury

Bullying

Bereavement

Self Esteem

Eating Disorders

Rotherham Primary Care Trust - STEPS:

Primary Care Clinic Information for Parents and Carers

Information for young people

Help for children

Introduction to Children's Mental Health

Rotherham Parent Partnership Service
Norfolk House, Walker Place
Rotherham S65 1AS

Tel: 01709 823627
E-Mail: Parentpartnership@rotherham.gov.uk
www.rotherhamparentpartnership.com

The above information was last updated August 2011



The Rotherham Parent Partnership Service

Rotherham
Metropolitan
Borough Council
Where Everyone Matters

MENTAL HEALTH

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
--------------------------	-------------------------	----------------------------	---------------------------

Department of Child & Family Psychiatry - CAHMS flyer

Young Minds parents information service DfES now DCSF Dept for Children and Families - poster

Mental Health Article - Local Counsellors

MENCAP

Understanding Learning Disability - information pack

Education and employment services - booklet

Do you want to become a volunteer for Mencap Active? - leaflet

Mental Health Care - Postcard

Mind - The Mental Health Charity - flyer

Youth Start - Young Peoples Services

Self Harm

Stress

Anxiety

Self Esteem

FOCUS on - Children and Young People with Learning Disabilities who have Mental Health Difficulties

OAASIS Information Sheets - Obsessive Compulsive Disorder
Attachment Disorder

On The Cutting Edge - newspaper article

Rotherham Parent Partnership Service
Norfolk House, Walker Place
Rotherham S65 1AS

Tel: 01709 823627
E-Mail: Parentpartnership@rotherham.gov.uk
www.rotherhamparentpartnership.com

The above information was last updated August 2011



The Rotherham Parent Partnership Service

Rotherham
Metropolitan
Borough Council
Where Everyone Matters

MENTAL HEALTH

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
-------------------	------------------	---------------------	--------------------

Reaching for the lost - newspaper article

I don't want to cut myself any more - newspaper article

Cannabis and your mental health - NHS publication

Sibs - fax information sheet

Sheffield Children's NHS Trust Children & Young People's Mental Health Directorate - leaflet (Contact details)

Referrals to CAHMS - Introducing a Single Point of Access (SPA) into Children & Young People's Mental Health Services (CAMHS)

Mencap's Wills and Trusts Service - information sheet

Eating Disorders and Eating Distress in People with a Learning Disability - information sheet

Oakwood Young People's Centre and School - Information Pack

Get this vital information for young people in Rotherham - RMBC/NHS guide

Youth Start - Counselling and Emotional Support flyer

Relax Kids - Join the team and teach Relax Kids information leaflet

Rotherham Parent Partnership Service
Norfolk House, Walker Place
Rotherham S65 1AS

Tel: 01709 823627
E-Mail: Parentpartnership@rotherham.gov.uk
www.rotherhamparentpartnership.com

The above information was last updated August 2011



The Rotherham Parent Partnership Service

Rotherham Metropolitan Borough Council
Where Everyone Matters

MENTAL HEALTH

Resource Box List	Contacts - Local	Contacts - National	Contacts - General	Books
-------------------	------------------	---------------------	--------------------	-------

Worry Box - Managing anxiety in young children by Hannah Mortimer

Emotional Literacy and Mental Health in the Early Years by Hannah Mortimer

Rotherham Parent Partnership Service
Norfolk House, Walker Place
Rotherham S65 1AS

Tel: 01709 823627
E-Mail: Parentpartnership@rotherham.gov.uk
www.rotherhamparentpartnership.com

The above information was last updated August 2011



The Rotherham Parent Partnership Service

Rotherham Metropolitan Borough Council
Where Everyone Matters

MENTAL HEALTH

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
-------------------	-------------------------	---------------------	--------------------

Rotherham Mind Young Person Mental Health Service

CAMHS Specialist Support Team

Kimberworth Place, Kimberworth, Rotherham, S61 1HE

Tel: 01709 556358 Contact - Sara Graham

E-mail: youngpersons@rotherhammind.co.uk

STEPS: Support Therapy Education and Prevention Services. Child and Adolescent Mental Health Services

Kimberworth Place, Kimberworth Road, Rotherham, S61 1AG

Tel: 01709 308880

Dealing with Feeling Sibling Group

Monica McCaffrey

Sibs, Meadowfield, Oxenhope BD22 9JD

Tel: 01535 645453 info@sibs.org.uk

www.sibs.org.uk

Youth Start

Information, advice and counselling for young people

c/o Cornerstones, Doncaster Gate Hospital, Doncaster Road, Rotherham, S65 1DG

Tel: 01709 820100

www.youthstart.org.uk

Samaritans 01709 361717 or 08457 909090

Rotherham Parent Partnership Service
Norfolk House, Walker Place
Rotherham S65 1AS

Tel: 01709 823627
E-Mail: Parentpartnership@rotherham.gov.uk
www.rotherhamparentpartnership.com

The above information was last updated August 2011



The Rotherham Parent Partnership Service

Rotherham Metropolitan Borough Council
Where Everyone Matters

MENTAL HEALTH

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
-------------------	-------------------------	---------------------	--------------------

MENCAP

Rowan House, Mountenoy Road, Rotherham, S60 2AJ

Tel No 01709 388440

www.mencap.org.uk

Roundabout Rotherham Gateway Club - Social events for children and adults with Special Needs. For more information, ring 01709 545444

Specialist Support Team CAMHS- (Children with Learning Disabilities)

Kimberworth Place, Kimberworth Road, Rotherham, S61 1HE

Tel: 01709 556358

Rotherham Parent Partnership Service
Norfolk House, Walker Place
Rotherham S65 1AS

Tel: 01709 823627
E-Mail: Parentpartnership@rotherham.gov.uk
www.rotherhamparentpartnership.com

The above information was last updated August 2011



The Rotherham Parent Partnership Service

Rotherham
Metropolitan
Borough Council
Where Everyone Matters

MENTAL HEALTH

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
-------------------	------------------	---------------------	--------------------

MIND INFORMATION SERVICES

15-19 Broadway, London E15 4BQ

Tel info line: 0300 123 3393

020 8519 2122

www.mind.org.uk

NARMI (National Alliance of the Relatives of the Mentally Ill)

Tydehams Oaks, Tydehams, Newbury, Berks RG14 6JT

Tel: 01635 551923

Young Minds

Parents Information Service: 0808 802 5544

www.youngminds.org.uk

A free confidential service which provides information and advice for any adult with concerns about the mental health and emotional well-being of a child or young person.

Mental Health Foundation 9th Floor, Sea Containers House, 20 Upper Ground

London SE1 9QB

Tel: 020 7803 1100

Fax: 020 7803 1111

E-mail: mhf@mhf.org.uk

www.mentalhealth.org.uk

www.mentalhealth.com

National Phobics Society Zion Community Resource Centre

339 Stretford Road, Hulme, Manchester M15 4ZY

Tel: 08444 775774 or 0161 2279898

E-mail: info@anxietyuk.org.uk

www.anxietyuk.org.uk

Rotherham Parent Partnership Service

Norfolk House, Walker Place

Rotherham S65 1AS

Tel: 01709 823627

E-Mail: Parentpartnership@rotherham.gov.uk

www.rotherhamparentpartnership.com

The above information was last updated August 2011



The Rotherham Parent Partnership Service

Rotherham
Metropolitan
Borough Council
Where Everyone Matters

M E N T A L H E A L T H

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
----------------------	---------------------	------------------------	-----------------------

Triumph over Phobia

To help sufferers of phobia or obsessive compulsive disorders (OCD) to become ex-sufferers

T.O.P. U.K.

PO Box 3760, Bath, BA2 3WY

Tel: 0845 600 9601

www.topuk.org

e-mail: info@topuk.org

Self Harm

www.thesite.org Tel: 020 7250 5716

provides information on activities and initiatives that relate to young people and self harm.

Childline 0800 1111

Samaritans Chris, P O Box 9090 Stirling FK8 2SA

08457 909090

www.samaritans.org

BEAT Beating Eating Disorders

Information and help on all aspects of eating disorders, including Anorexia Nervosa, Bulimia Nervosa, binge eating disorder and related eating disorders

Adult Helpline: 0845 634 1414 BEAT Youth line: 0845 634 7650

www.b-eat.co.uk

Rotherham Parent Partnership Service
Norfolk House, Walker Place
Rotherham S65 1AS

Tel: 01709 823627
E-Mail: Parentpartnership@rotherham.gov.uk
www.rotherhamparentpartnership.com

The above information was last updated August 2011



The Rotherham Parent Partnership Service

Rotherham
Metropolitan
Borough Council
Where Everyone Matters

M E N T A L H E A L T H

Resource Box List	Contacts - Local	Contacts - National	Contacts - General
----------------------	---------------------	------------------------	-----------------------

OAASIS - (Office for Advice, Assistance, Support and Information on Special Needs) The Croft, Vicars Hill, Boldre, Lymington, Hampshire, S041 5QB
Helpline: 0800 197 3907
www.oaasis.co.uk

British Association for Counselling and Psychotherapy
15 St John's Business Park, Lutterworth Leicestershire LE17 4HB
Tel: 01455 883316
www.bacp.co.uk
E-mail: bacp@bacp.co.uk

Counselling Directory - a guide to counsellors and psychotherapists near you
Coliseum, Riverside Way, Camberley, Surrey, GU15 3YL
Tel: 0844 8030 240
www.counselling-directory.org.uk.

Rotherham Parent Partnership Service
Norfolk House, Walker Place
Rotherham S65 1AS

Tel: 01709 823627
E-Mail: Parentpartnership@rotherham.gov.uk
www.rotherhamparentpartnership.com

The above information was last updated August 2011